**CVPA SPIRIT, NEWS, AND ACTIVITIES:**

Congratulations to ALL OF OUR PARTICIPANTS for an outstanding performance! Your hard work, creativity, and dedication brought this production to life, and we couldn’t be prouder. A special thanks to our Fine Arts Department for everything they poured into making this production such a success, and to the staff for their support and accommodations for our students throughout the week. Your efforts made all the difference!

“The more that you read, the more things you will know. The more you learn, the more places you’ll go.” – Dr. Suess. Students please stop by the library today or Friday and pick up a book for some entertainment over Winter Break! Ms. Johnson would love to have you come visit!

Next week we will have Holiday Spirit Week to show just how much holiday cheer we have!

* Monday: Channel Your Flannel (Wear PJs or anything flannel)
* Tuesday: Winter Wonderland (Wear white or blue, winter attire)
* Wednesday: Holiday Character (Wear elf, santa, reindeer or grinch attire)
* Thursday: Wacky Tacky Day
* Friday: Festive Friday (Wear an ugly Christmas sweater or any holiday attire)

**FROM THE MENTAL HEALTH & WELLNESS COMMITTEE:**

This week we will have several activities to promote mental health and physical wellbeing for our students and staff. Today during lunch please join us in the ISS room for self-care activities including rock painting, relaxation rice sock making, canvas painting, coloring, and guided meditation.  We will also have journals and water bottles available.  Tomorrow, December 13th the Duo Dogs will be visiting us again from 10:00 a.m. to 2:00 p.m.  This time of year can be stressful so please make an effort to take care of yourself and ask for help if you need it.

**CVPA HAPPY BIRTHDAYS:**

Happy birthday to student Kennedy Hampton!

**CVPA REMINDERS:**

Friday Dec 13th Boys and Girls Varsity @Home Vs Roosevelt. Girl's play at 4:30pm and boys afterwards.

Here is our final schedule:

* Monday December 16th will be a full school day with no finals.
* Tuesday is 5th and 6th period finals.
* Wednesday is 1st and 2nd period.
* Thursday is 7th and 8th period.
* Friday is 3rd and 4th period.
* Tuesday – Friday will be half days which means dismissal will take place at 10:30 am.

Winter break begins that Friday December 20th.

This has been \_\_ & \_\_\_. We would like to thank you for your undivided attention during these morning announcements and remind you to keep it Soaring Eagles at CVPA, where Arts and Academics share center stage!